The perils of avoiding work conflict

When you defer difficult conversations, avoid the people you are struggling with or cut off conflict at meetings by insisting on "discussing things offline," you're pushing your organization deeper into conflict debt, and, like most debt, it will become more onerous as it grows over time: "When you're unwilling to work through uncomfortable situations, you're stretching your resources thin, stifling innovation and allowing risks to go unnoticed."

Liane Davey, Psycologist